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1962



HAPAD[®] INC.

Common Sense Solutions to Common Foot Complaints



Hapad[®] Product Guide

*Professional Care and Relief of
Common, Painful Foot Complaints*



To Order:
1-800-544-2723 or
1-412-835-1234
(Mon-Fri 8 A.M.-5 P.M. EST)



Website:
hapad.com



E-Mail:
info@hapad.com

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*When painful foot problems persist, seek the advice of your foot care specialist.
Hapad products are designed to be placed in the shoes, NOT directly on the foot.
For further descriptions and directions on products, please refer to our website.*



All Hapad products are 100% guaranteed. If for any reason you are not completely satisfied, simply return the unused merchandise within 60 days for full credit. No questions asked!



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INTRODUCTION

Hapad's History

For more than six decades, Hapad has been a trusted name in orthopedic footcare — crafting 100% natural wool felt pads and foam insoles.

The Hapad story traces back to the 1930's in Chicago where Dr. Emil D.W. Hauser, F.A.C.S., developed a skill for hand skiving wool felt shoe padding that quickly gained a reputation for relieving pressure, supporting foot health, and providing exceptional comfort without restricting natural foot function. Recognizing the product's potential, Dr Emil's brother, Theodor, designed and patented machinery for mass producing professional-quality, skived wool felt pads — and physicians nationwide embraced the idea.

Today, Hapad remains a family-owned business and all products continue to be proudly made in the U.S.A., with the same mission since day one: to provide professional-quality products and outstanding service at a price that makes comfort accessible to all.

Hapad's Products

Hapad's 100% natural merino wool felt is supportive, breathable, durable, and comfortable — offering superior comfort compared to synthetics. Every felt product is precision-skived for comfort and comes with an adhesive backing for secure placement.

In addition to wool, Hapad's innovative Comf-Orthotic Insole line of lightweight and breathable foam insoles are designed to mold to the contours of the foot using body heat and weight — creating a personalized fit in hours.

Featured Products



Metatarsal Pads



Heel Lifts



Comf-Orthotic®
"Peak Performance" Insoles

Hapad — Common Sense Solutions to Common Foot Complaints



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ARCH CORRECTIONS

Longitudinal Metatarsal Arch Pads

Arch and metatarsal support, all-in-one.

The Original Hapad!



- ▶ Recommended for pronation, flat feet, fallen, or high arches.
- ▶ Ideal for shoes with little or no built-in arch support.
- ▶ Sizes: (thickness at crest)
Ex. Small (XS) 5/16"
Small (S) 3/8"
Medium (M) 7/16"
Large (L) 1/2"
Ex. Large (XL) 9/16"
X-Wide E-EEE Widths
Small (S) 3/8"
Medium (M) 7/16"
Large (L) 1/2"

- ▶ **\$7.50/pr**
- ▶ **\$21.75 3 pr/pack**



SUGGESTED SIZE GUIDE

Foot Type	Shoe Size				
	Women 5-8 1/2	Women 9-11 1/2	Men 7-10 1/2	Men 11+	E-EEE Widths
Flat Foot	XS	S	S	M	SEW
Normal Arch	S	M	M	L	MEW
High Arch	M	L	L	XL	LEW

Scaphoid Pads

Arch support.



- ▶ Correctly contoured for use with the Comf-Orthotic® Insoles (pages 8-9) when more support is indicated.
- ▶ Complements shoes that already have some built-in arch support.
- ▶ Sizes: Small (S) 5/16"
Medium (M) 5/16"
Large (L) 5/16"

- ▶ **\$6.25/pr**



SUGGESTED SIZE GUIDE

Shoe Size	Women	Men
5-8 1/2	S	S
9-11	M	M
11 1/2+	M	L

FOREFOOT CORRECTIONS

Metatarsal Pads

Metatarsalgia, blisters, calluses and other localized callosities.



SUGGESTED SIZE GUIDE

Foot Type	Women	Men
Flat Foot	XS/S	M
Normal Arch	M	M
High Arch	M	L

- ▶ Relieves pressure on the ball of the foot.
- ▶ Commonly used for conditions affecting only 1-2 metatarsal heads.
- ▶ A wonderful comfort item for dress shoes or heels!
- ▶ Sizes: (thickness at crest)
Ex. Small (XS) 3/16"
Small (S) 1/4"
Medium (M) 5/16"
Large (L) 3/8"

▶ **\$6.25/pr**

▶ **\$36.00 6 pr/pack**



Neuroma Pads

Relieves Morton's neuroma.



- ▶ A neuroma is a painful enlargement of nerve tissue at the ball of the foot, causing pain, tingling, and/or numbness in the adjacent toes.
- ▶ When properly located, the neuroma pad will spread the bones at the base of the toes to relieve the pinching on the nerve.
- ▶ One size. 1/4"
- ▶ **\$5.75/pr**



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FOREFOOT CORRECTIONS

Metatarsal Cookies

A wider metatarsal pad.



- ▶ Eliminates pressure across the entire metatarsal arch.
- ▶ Treats corns, calluses, and/or blisters at the ball of the foot, especially behind the 2nd, 3rd, and 4th toes.
- ▶ Perfect for E-EEE width feet.
- ▶ Sizes: Men's 5/16"
Women's 5/16"
- ▶ **\$6.25/pr**



Metatarsal Bars

The widest metatarsal pad.



- ▶ This metatarsal variety supports the entire metatarsal arch.
- ▶ Perfect when pain, pressure, or irritation extend into the big or little toe area..
- ▶ Sizes: Small (S) 5/16"
Medium (M) 5/16"
Large (L) 5/16"
- ▶ **\$6.25/pr**



SUGGESTED SIZE GUIDE

Shoe Size	Women	Men
5-8 1/2	S	S
9-11	M	M
11 1/2+	M	L

FOREFOOT CORRECTIONS

Dancer Pads

Treats "turf toe", sesamoiditis, and irritations under the big toe joint.



- ▶ Uniquely designed cut-out portion reduces weight bearing on the big toe joint.
- ▶ Commonly used by dancers, runners, and other athletes who suffer from calluses and blisters in the same area.
- ▶ Sizes: Men's 5/16"
Women's 5/16"
- ▶ **\$6.25/pr**



IPK Pads

Intractable plantar keratoses.



- ▶ A metatarsal support with a centrally located depression to cushion and unload pressure on the tender, painful prominence and promote healing.
- ▶ Relieves sensitive irritations.
- ▶ Sizes: Men's 5/16"
Women's 5/16"
- ▶ **\$6.25/pr**



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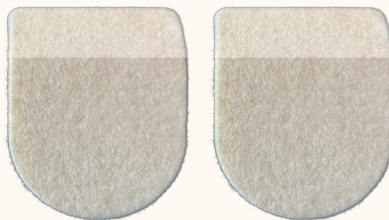
HEEL CORRECTIONS

Heel Lifts

Corrects leg length discrepancies.



- ▶ Width of heel pad should correspond with inside width of shoe at heel.
- ▶ Choose height according to leg length discrepancy.
- ▶ Widths: 2" Lifts: 3/16"
- 2-1/2" 5/16"
- 3" 7/16"
- 1/2"
- 9/16"



- ▶ \$7.25/pr
- ▶ \$21.00 3 pr/pack

NOTE: All widths are available in all lift sizes.

3/4 Length Heel Lifts

Recommended for Achilles tendinitis.



- ▶ A 3/4 length heel lift that extends to the ball of the foot for greater comfort.
- ▶ Elevates the heel to reduce stretching on the Achilles tendon.
- ▶ Widths: 2-1/2" Lifts: 3/8"
- 3" 7/16"
- 9/16"



- ▶ \$11.50/pr

NOTE: All widths are available in all lift sizes.

HEEL CORRECTIONS

Medial/Lateral Heel Wedges

Restores proper body balance.



- ▶ Corrects inversion (rolling out) or eversion (rolling in) of the ankles.
- ▶ Shorter design is ideal when forefoot control is not necessary.
- ▶ Approximately 7° slope.
- ▶ Widths: 2"
2-1/2"
3"

▶ **\$7.75/pr**



NOTE: Reversible for either medial or lateral wedging.

3/4 Length Medial/Lateral Heel Wedges

Relieves medial osteoarthritis of the knee.



- ▶ Longer length controls the hindfoot and forefoot from inversion (rolling out) and eversion (rolling in).
- ▶ Approximately 7° slope.
- ▶ Widths: 2-1/2"
3"

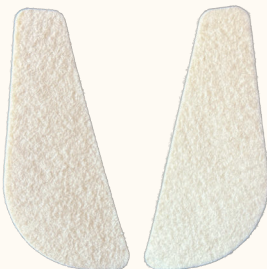
▶ **\$12.00/pr**



NOTE: Reversible for either medial or lateral wedging.

Posting Heel Wedges

Corrects varus or valgus heel.



- ▶ Use alone or under the Comf-Orthotic® Insoles (pages 8–9) for a perfect medial or lateral heel post.
- ▶ Approximately 5° post.
- ▶ 1/4" thick

▶ **\$6.25/pr**



NOTE: Reversible for either medial or lateral wedging.



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HEEL, ARCH, AND METATARSAL SUPPORT

Comf-Orthotic® “Formal Fit” 3/4 Length Insoles

Recommended insole for dress shoes or shoe with narrow toe box.



- ▶ Provide remarkable comfort, cushioning and support.
- ▶ Ideal for long hours of standing and walking.
- ▶ Children's sizes available.
- ▶ **\$12.50/pr for adults; \$7.50/pr for children**



(Patent # 4,862,604)

Comf-Orthotic® “Soft Support” Replacement Insoles

For sensitive feet.



- ▶ The softest of all three Comf-Orthotic replacement insoles.
- ▶ Provides extra cushioning and a protective layer for those who suffer from loss of their fat padding.
- ▶ Will form to the foot by using body heat and weight.
- ▶ Children's sizes available.
- ▶ **\$18.00/pr for adult; \$13.00/pr for children**

Designed to be used with other Hapad products such as the scaphoid pad, posting heel wedge, and metatarsal pad, when necessary.



(Patent # 6,247,250)

Ordering 1/2 size smaller than normal shoe size is recommended for all Comf-Orthotic insoles.

HEEL, ARCH, AND METATARSAL SUPPORT

Comf-Orthotic® “Daily Drive” Replacement Insoles

For daily shoes with a removable insole.



(Patent # 6,247,250)

- ▶ Hapad's “everyday” insole.
- ▶ Perfect blend of support and cushioning for daily movement.
- ▶ Will form to the foot by using body heat and weight.
- ▶  Children's sizes available.
- ▶ **\$19.00/pr for adult; \$14.00/pr for children**

Designed to be used with other Hapad products such as the scaphoid pad, posting heel wedge, and metatarsal pad, when necessary.



Comf-Orthotic® “Peak Performance” Replacement Insoles

For athletic shoes or cleats.



(Patent # 6,247,250)

- ▶ The firmest of all three Comf-Orthotic insoles.
- ▶ Prevent and treat common injuries such as shin splints, stress fractures and plantar fasciitis.
- ▶ Extremely shock absorbent.
- ▶ Will form to the foot by using body heat and weight.
- ▶  Children's sizes available.
- ▶ **\$20.00/pr for adult; \$15.00/pr for children**

Designed to be used with other Hapad products such as the scaphoid pad, posting heel wedge, and metatarsal pad, when necessary.



Ordering 1/2 size smaller than normal shoe size is recommended for all Comf-Orthotic insoles.



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BETTER SHOE FIT AND COMFORT

Heel Grips

For "pump bumps" and blisters.



- ▶ Comfortably attaches around the back of the shoe.
- ▶ Snugs the heel of the shoe to prevent slipping, blisters, and other irritations.
- ▶ One size.
- ▶ **\$4.25/pr**



Tongue Cushions

For people with a low instep.



- ▶ Comfortably holds the foot back into the heel of the shoe for a better shoe fit.
- ▶ Sizes: Men's
Women's
- ▶ **\$4.25/pr**



Orthopedic Felt

Ideal for casting and padding.



**Widths may vary slightly*

- ▶ Hapad® 100% Wool Felt — White/firm.
- ▶ **\$65 for 5/16" x 6" x 2-1/2" yds. w/adhesive**
- ▶ Surgical Felt — 50% rayon/50% white wool blend.
- ▶ **\$35 for 1/4" x 6" x 2.5 yds. w/adhesive**
- ▶ **\$35 for 1/4" x 4" x 4 yds. w/adhesive**
- ▶ **\$28 for 1/4" x 6" x 2.5 yds. w/o adhesive**

1. How did Hapad get its name?

Hapad was named after Dr. Emil D.W. Hauser's original pad, the longitudinal metatarsal arch pad. Originally, the longitudinal metatarsal arch pad was known as the "Hauser Pad." This name was later shortened to a "Hapad."

2. Why does Hapad use merino wet felted wool?

Merino wool felt is a natural fiber. By being natural, the felt is supportive, breathable, durable, and comfortable. The material cushions the foot but is firm enough to establish proper alignment while standing, walking, or running.

3. Where can I purchase Hapad products?

Hapad products can be purchased direct on our website at hapad.com or over the phone at 800-544-2723 or 412-835-1234. Additionally, Hapad directly sells the majority of the catalog on Amazon.com.

4. Are the pads placed in the shoe or on the foot?

Hapad products are designed to be placed in the shoe, NOT directly on the foot. By being placed in the shoe, the product will provide more comfort and last longer.

5. How often should I replace my Hapad product?

Hapad products should be replaced every 6 to 12 months depending on the size, weight, occupation, and lifestyle of the user. Of course, when feet begin to feel tired or achy again, it is time to replace the pad because some support may have been lost.

6. How do I know what size to purchase?

There are suggested size charts in the catalog, but not every foot will correspond. Remember that "less is more." Most feet are extremely sensitive, so the product will feel foreign at first. Start with a smaller sized pad to gently support and strengthen the foot. Down the road, you may want to gradually increase the pad size, but this is not normally necessary. Keep in mind that the pad should never "feel like a lump" within the shoe. That is a clear sign that the pad is too large, and a smaller size should be used.



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